



2026-2027

Grade 7 Complementary Course Request Form

Please indicate your complementary course selections by placing a preference ranking (1st, 2nd, 3rd, 4th, 5th, and 6th), in 6 of the requested boxes. The purpose of complementary courses is to allow students to explore interests, passions, and possible career opportunities. **If enrollment for a course is not high enough, the course will not be offered.** You will be enrolled in 4 complementary courses in total, 2 courses each semester.

| Requested | Complementary Course Name | Complementary Course Descriptions |
|-----------|---------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Instrumental Music (Band) – Full Year Course | Students will have the opportunity to play a brass, woodwind, or string instrument (trumpet, trombone, French horn, baritone, tuba, flute, clarinet, oboe, bassoon, violin, cello, or double bass). Students will focus on proper playing positions, skill development, and basic musical concepts. There will be a variety of performance opportunities and trips throughout the year, such as festivals, concerts, and band camp. Students will also explore exciting career opportunities in music. If you select Band then you will automatically receive Band as a complementary course. You will take 3 complementary courses in total since Band will run the full year (both semesters). Instrumental rental fee \$100 |
| | Art | Students will gain exposure to and experience in a variety of mediums. Students will learn some principles of art such as perspective, balance, contrast, pattern, rhythm, unity and repetition. They will also use hand-building pottery methods such as slab, pinch pot, coil, and additive and subtractive methods. This is a very hands-on class. Students will explore possible career opportunities. Fee \$30* |
| | CTF Communication Technology | Students will have the opportunity to discover and develop skills using digital technologies. Students will develop understanding of the issues, tools, and opportunities that arise when we use digital technology to communicate our ideas with others. Topics include: digital citizenship and your online presence: sharing, privacy, and responsible decision making, digital media and design: communicating with purpose, principles of layout and design, Adobe Spark/Canva and/or other design software, photo editing, coding, using Google Docs, Slides, and Sheets to create and communicate, emerging technologies and animations. Students will explore possible career opportunities. Fee \$20* |
| | CTF Communication Technology through Photography | In this course students will be presented many opportunities to discover and enhance their skills in photography through communication technology: developing technical skills in the use of cameras, analyzing and utilizing the principles of composition and design, developing image manipulation skills to create aesthetically satisfying pictures and exploring various occupations available in the ever-broadening field of photography. A portion of this course will explore the capabilities of personal mobile devices and how to effectively use them for capturing and editing high-quality images. |
| | CTF Construction | Students explore a variety of trades-based skills. Students design and build projects, using a combination of tools and machines. Students will work as a class to build rooms and structures and learn about industry leading software for CNC machining and tooling. The construction program offers a window into the world of hands-on opportunities for a variety of in demand roles in possible future careers. Approximate Fee \$40* |

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| | CTF Design Studies | Students will learn about the creative process and technical skills for the development of projects in architecture, engineering, and graphic design. Join a team and learn about the design process. Learn how to look at an engineering challenge, design a possible solution, and then how to build your design. Finally, students will test the project to determine if it works effectively. Students will explore possible career opportunities. Fee \$20* |
| | Environmental and Outdoor Education | This course will introduce students to investigating a variety of lifestyle strategies that foster contact with the natural world. Students will be doing activities that will focus on leadership and working in groups in a variety of environmental settings. Some activities may include team building, shelter building, map reading, navigation, basic first aid skills, and bicycle maintenance. We will also dive into environmental concerns and solutions that impact Alberta. Approximate Fee \$50* |
| | CTF Fashion Studies | In this course, students will learn to design and craft hand-sewn items while mastering the safe use and maintenance of sewing and pressing equipment. These foundational skills will be applied to machine-sew a final project. Additionally, students will have the opportunity to create supplemental projects tailored to their skill level, such as a sleep mask, a drawstring bag, or a pillowcase. The curriculum also includes an exploration of related career opportunities in the textiles and design fields. Fee \$30* |
| | CTF Foods | Students will gain an understanding of how to properly prepare a variety of basic snacks, drinks and meals while adhering to safety and sanitation standards. Students will learn to read recipes, use kitchen equipment, act with care in handling food, and the importance of safe and efficient work habits. Students will explore numerous aspects of meal planning, preparation, and careers in the culinary world. Approximate Fee \$40* |
| | Leadership | Students will explore what it means to be a leader and begin to develop the foundational skills and knowledge that allow them to engage in leadership activities. Through their work on 'mini projects', students will be challenged to develop the abilities necessary for successfully planning, collaborating, and implementing school-based leadership initiatives. Students will explore possible career opportunities. |
| | Performing Arts | Students will develop skills in acting, improvisation, movement and speaking as well as learn the history and context of theatre. Here is an opportunity for students express their emotions and exercise their creativity. Students will explore possible career opportunities. |
| | Spanish Language and Culture | This is an interactive course for beginners who want to learn conversational Spanish. Students will play games, perform skits, watch videos, and be exposed to various cultural activities and celebrations as they learn vocabulary and grammar skills. No previous Spanish language experience is required or expected. |
| | Training for Excellence in Sport | Training for Excellence in Sport (TES) is your chance to build strength, speed, and endurance while developing leadership and teamwork skills. This high-energy course focuses on fitness, conditioning, and athletic techniques that apply to all sports. Students will push their limits, improve their skills, and gain confidence through exciting challenges and training sessions. TES also promotes healthy habits, goal setting, and a balanced lifestyle. Whether you're an athlete or just love being active, this course is for you. |

Parent's / Guardian's Name: _____

Parent's / Guardian's Signature: _____

Student's Name: _____ Current School: _____
(Please print first and last name clearly)

***Fees subject to change as we prepare for the 2026-2027 school year.**